

**Innovative  
Resources**

# SIGNPOSTS



*Exploring everyday spirituality*



accepting who we are

accepting



allowing stillness

allowing



asking  
asking for help

basking in sunshine

basking

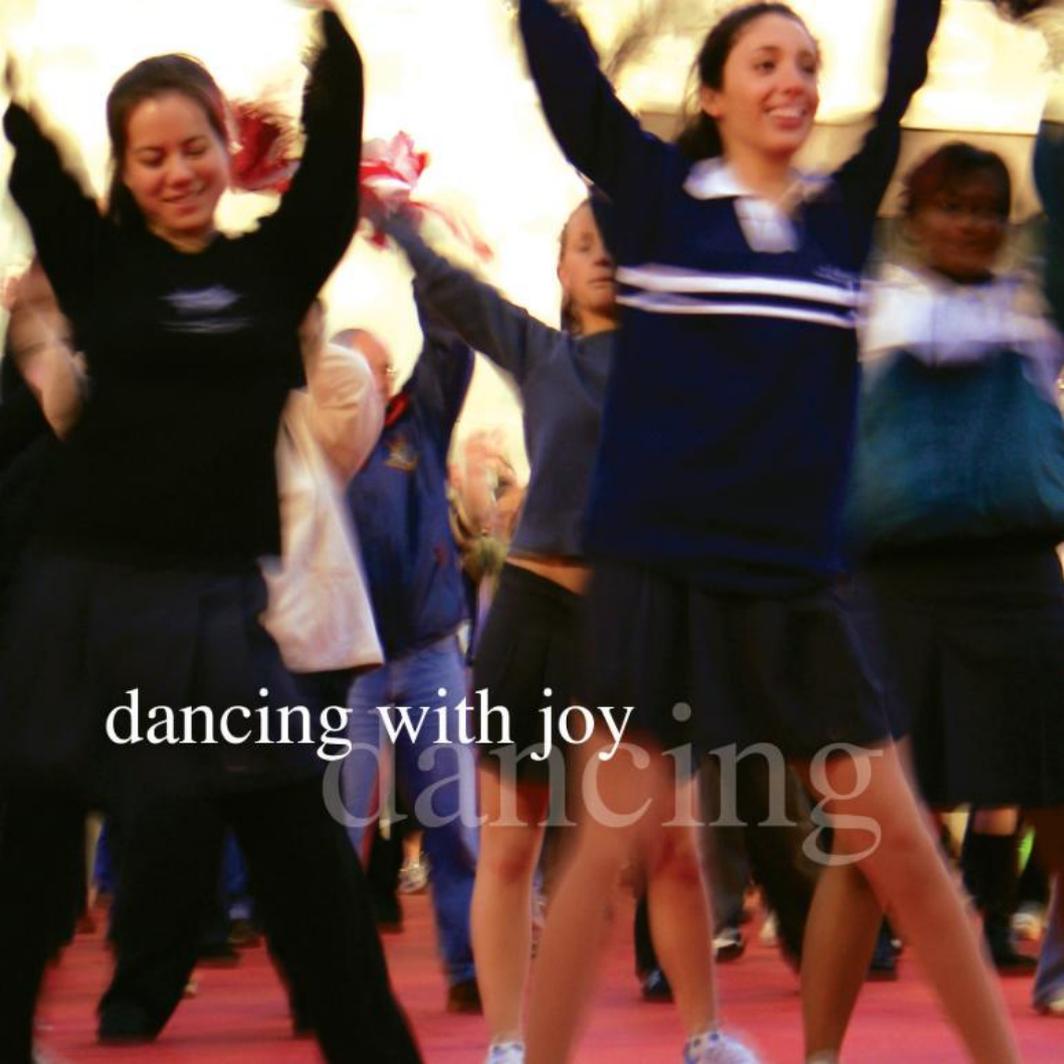


A low-angle, close-up photograph of a person's arm and hand reaching into a field of tall, thin grasses. The person is wearing a red and white plaid shirt. The background is a clear, bright blue sky. The grasses are in sharp focus, with some showing small white flowers. The overall mood is peaceful and natural.

being  
being thankful

celebrating difference





dancing with joy  
dancing

daring  
daring to dream





A collage of autumn leaves in various colors including green, yellow, orange, and red. The leaves are scattered and overlapping, creating a textured background. The colors range from vibrant green to deep red, with some yellow and orange leaves in between. The leaves have different shapes and sizes, some with prominent veins and serrated edges.

embracing change  
embracing

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22G1



2.6  
81

finding  
finding connection

0 5 1 6 4 9



forgiving  
forgiving



giving

giving

A close-up photograph of a large tree trunk, heavily covered in vibrant green moss. The moss is thick and textured, covering almost the entire surface of the bark. The tree trunk is thick and gnarled, with several smaller roots or branches visible, some of which are also covered in moss. The lighting is soft, highlighting the texture of the moss and the roughness of the bark. The overall color palette is dominated by various shades of green, from bright lime to deep forest green.

growing in wisdom  
growing



hearing the pain

hearing



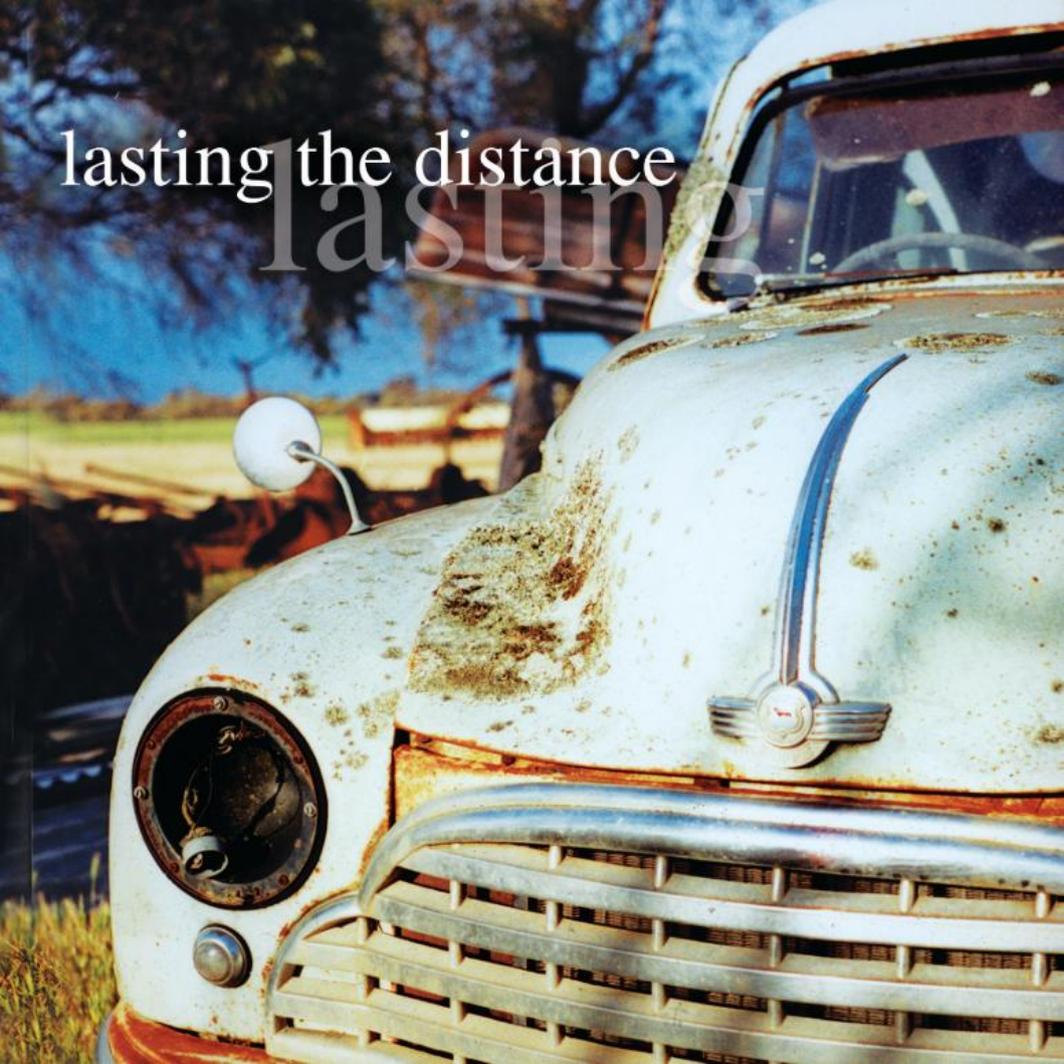
honouring  
honouring the sacred



imaging  
imaging

lasting the distance

lasting





learnin  
learning

A low-angle, upward-looking photograph of a roller coaster car. The car is yellow and blue, with several passengers visible. The car is positioned on a track that curves upwards. The background is a clear, bright blue sky. The text "letting go" is overlaid in the upper right corner in a white, serif font. The word "letting" is larger and more prominent than "go".

letting go  
letting

listening intently

living truthfully  
living

ORANGES  
PER BAG



looking for signposts

looking



looking inside  
looking

loving  
loving & being loved





noticing  
noticing beauty



practicing  
practicing compassion



receiving

receiving



recognising  
recognising possibilities



remembering  
remembering blessings



returning  
returning home

A photograph of a red wooden picnic table on a green lawn. The table is partially visible on the right side of the frame. Long, dark shadows are cast across the grass from the left, suggesting a low sun position. The text "saying saying goodbye" is overlaid in the lower-left quadrant.

saying  
saying goodbye

searching for meaning





seeking  
seeking balance

An aerial photograph of a four-person rowing team in a dark blue boat on a body of water. The rowers are wearing white and blue uniforms with yellow and green accents. Their oars are extended outwards, creating a symmetrical pattern. The text 'sharing the load' is overlaid on the left side of the image.

sharing  
sharing the load

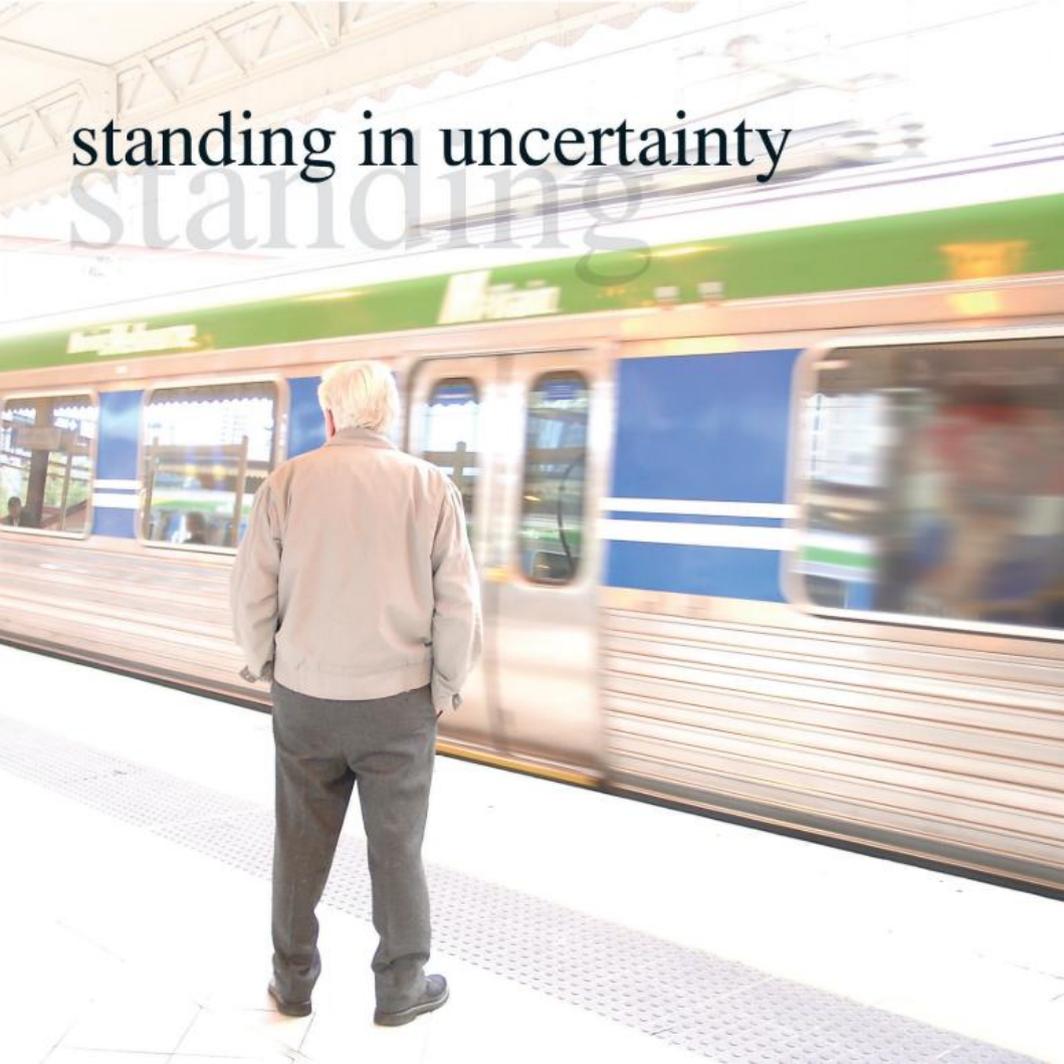


sparking with creativity

sparking

standing in uncertainty

standing



A large suspension bridge is silhouetted against a vibrant sunset sky. The bridge's structure, including its tall pylon and cables, is clearly visible. The sky is filled with soft, golden clouds, and the sun's glow is reflected on the water below. In the background, several high-voltage power line towers and a small industrial building are visible. The overall mood is serene and expansive.

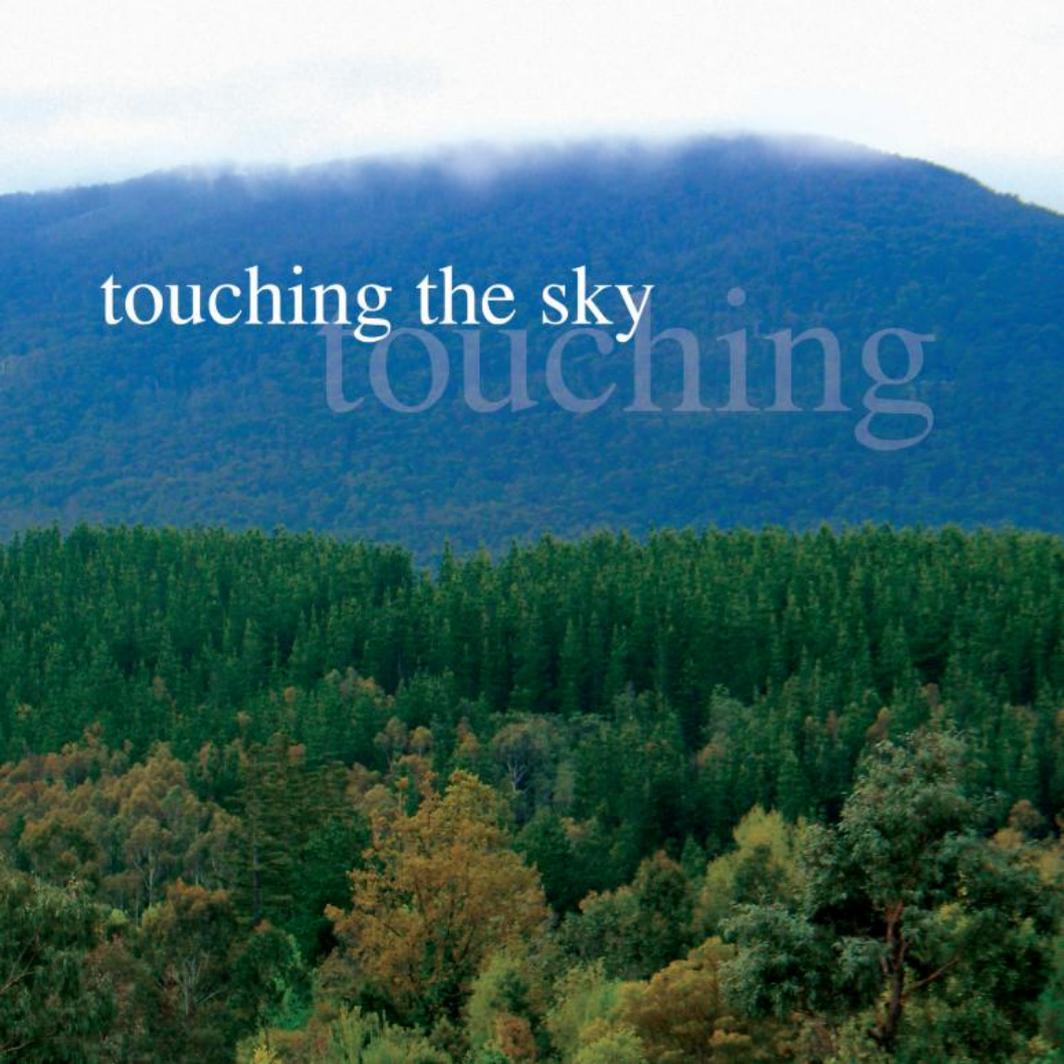
stretching horizons

stretching



struggling

struggling



touching the sky

touching

travelling lightly



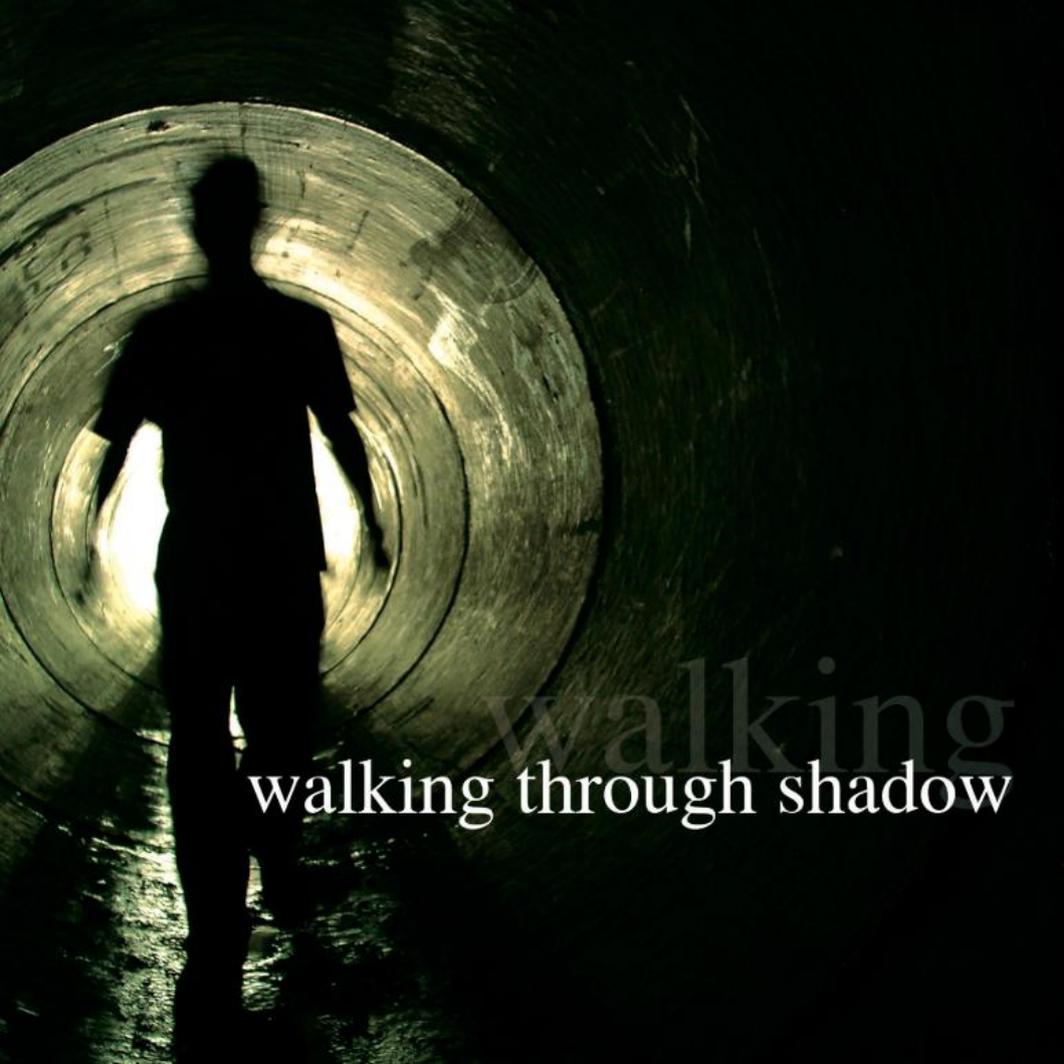
travelling



trusting  
trusting



valuing  
valuing simplicity

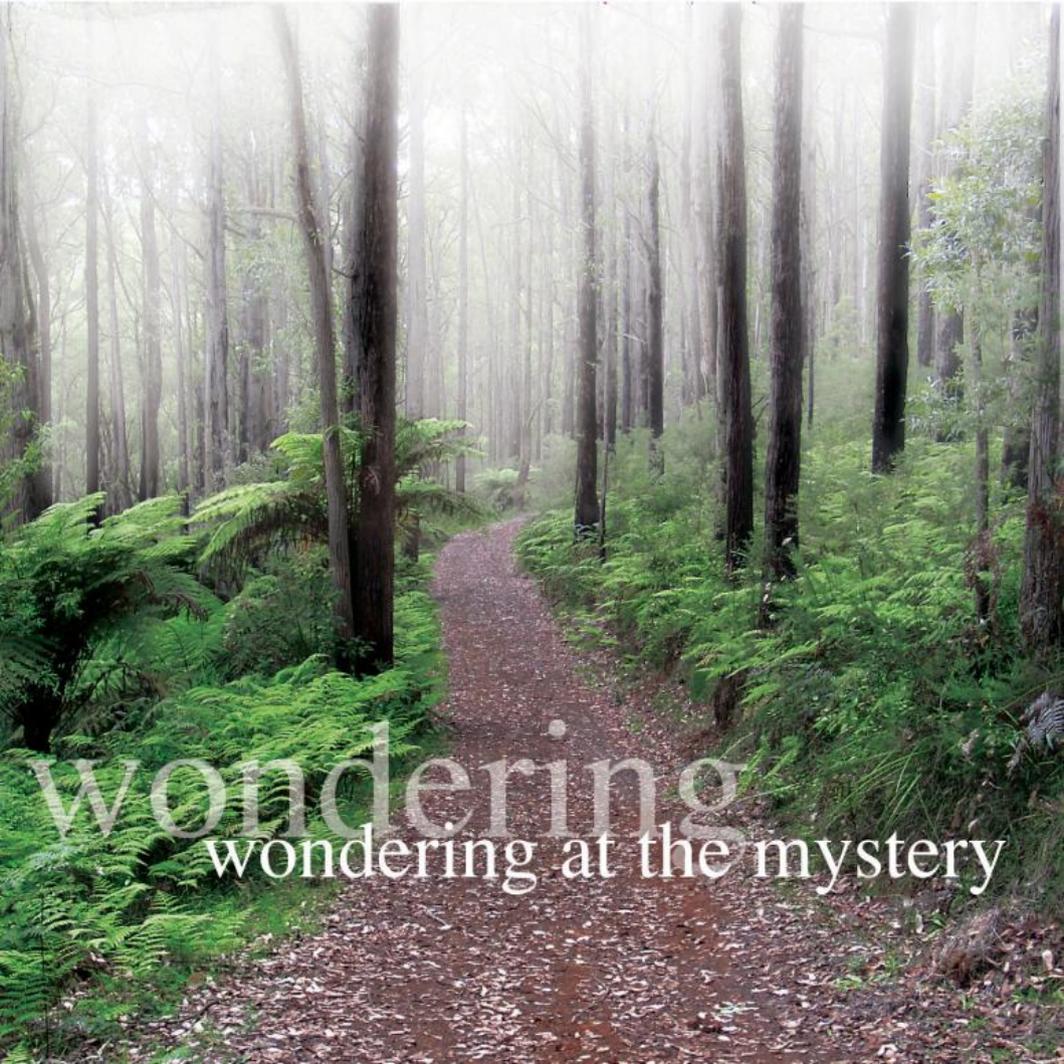


walking  
walking through shadow

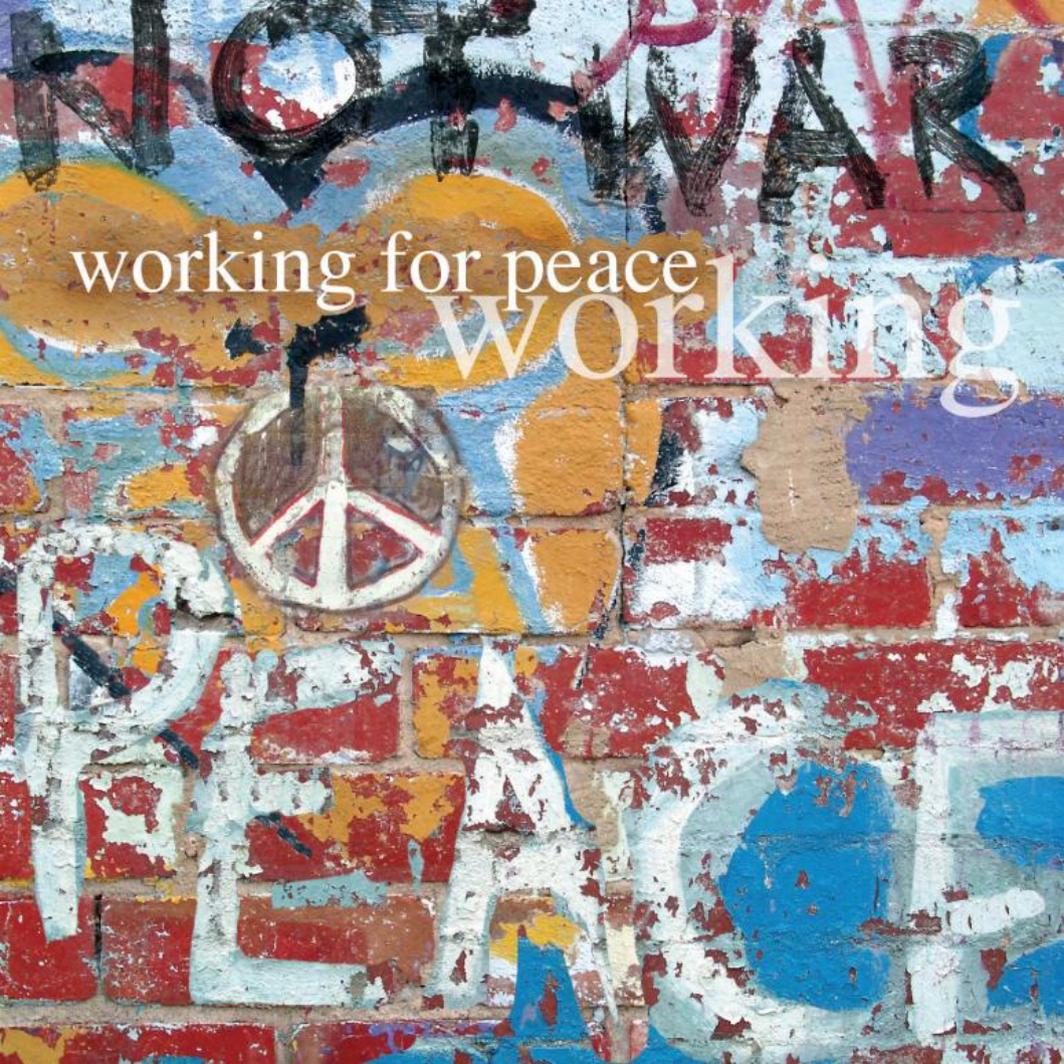


welcoming others

welcoming



wondering  
wondering at the mystery



NON-VIOLENCE

working for peace  
working



FOR

yearning for freedom

yearning

