

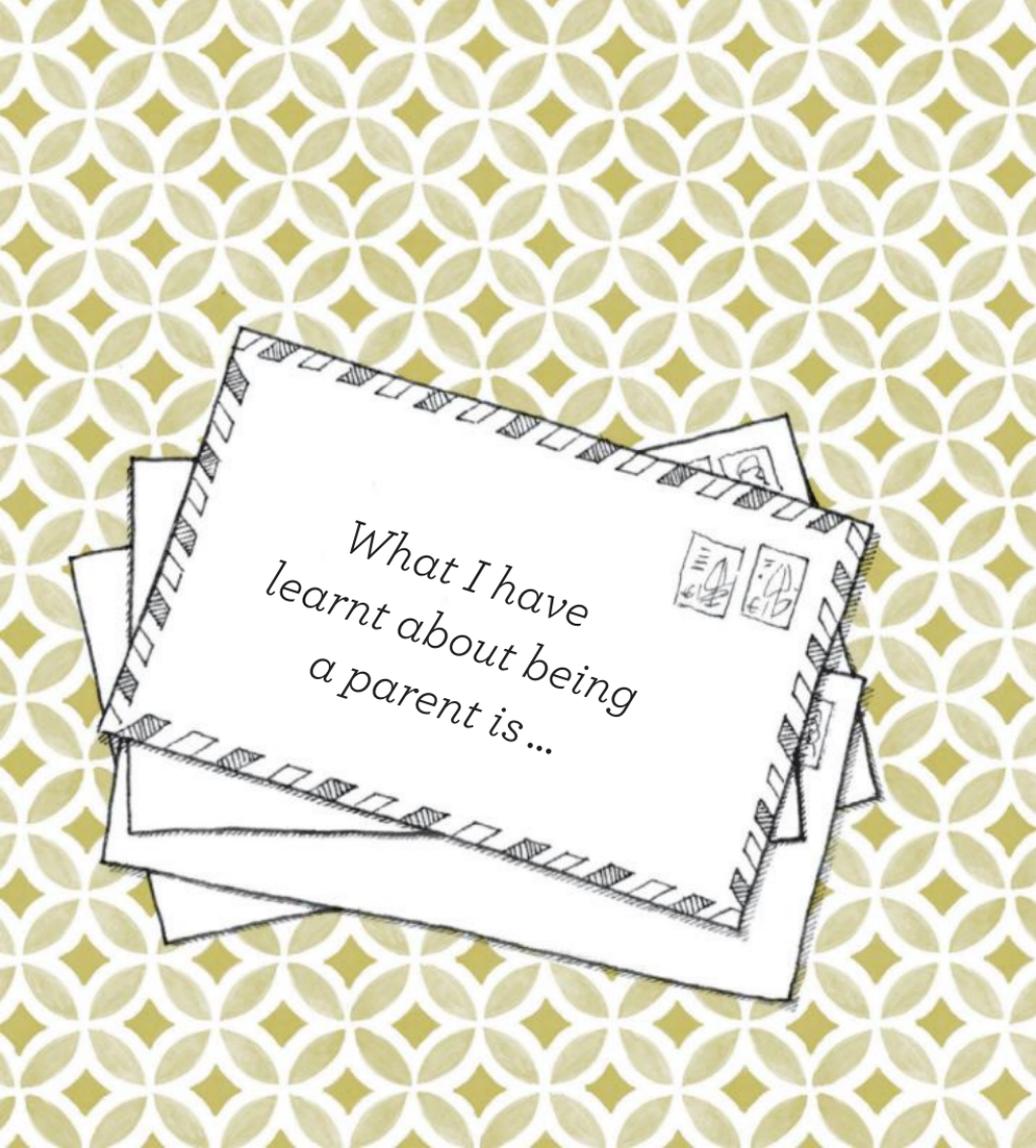
# POSITIVE PARENTING CARDS

40 CONVERSATION STARTERS



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Resources**

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The background is a repeating pattern of overlapping circles in a light olive green color on a white background. In the center, there is a stack of several envelopes. The top envelope is white with a black border and a perforated edge. It features two postage stamps in the top right corner, each with a stylized 'G' and a '1' inside a square. The text on the envelope is written in a cursive, handwritten style.

*What I have  
learnt about being  
a parent is...*



One way we have fun  
in our family is ...



Someone who has an impact  
on my parenting is ...



*One thing I hope  
my children copy  
from me is ...*

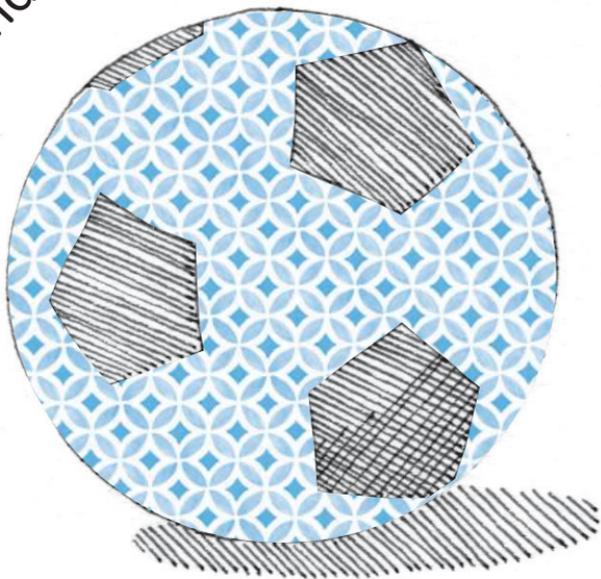
A side-view illustration of a truck with a yellow and white geometric pattern. The truck has a white cab and a white tank. The text is printed on the side of the tank. The wheels are large and white with a black tread pattern. There is a small cross symbol on the side of the tank near the rear wheel.

Something my parents did that  
I would like to do less of is ...



One happy time I have  
had as a parent is ...

One fear I have as a parent is ...





As a parent,

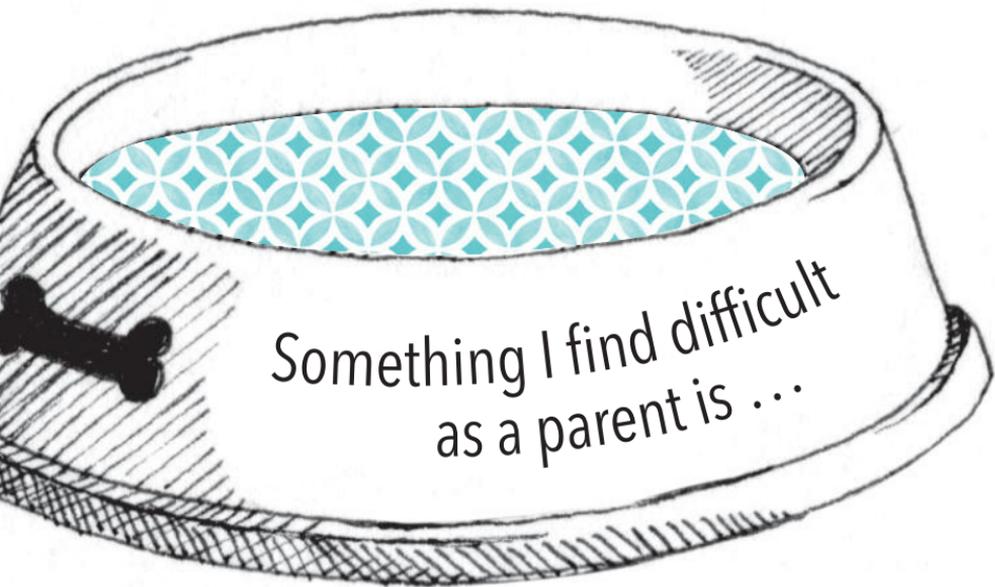
I really value ...



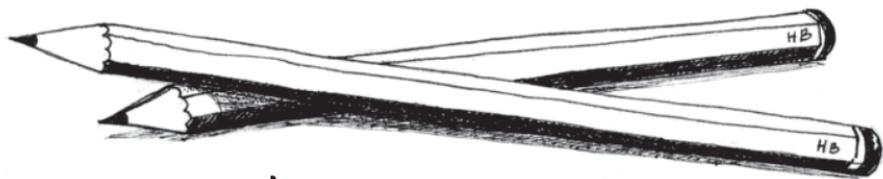
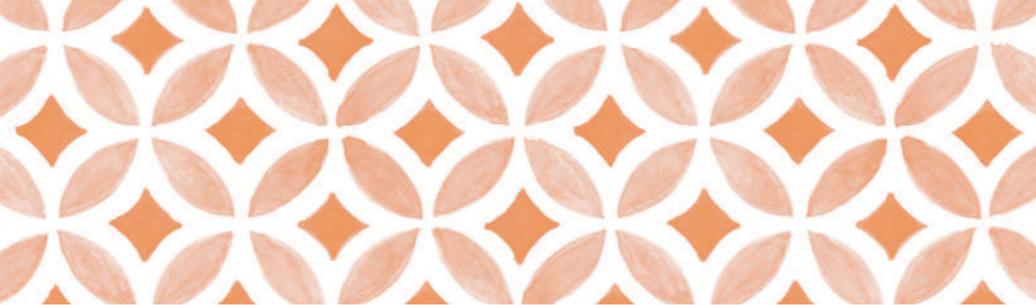
*One thing my children would  
say about me as a parent is ...*



Something my parents did that  
I would like to do more of is ...



Something I find difficult  
as a parent is ...



*We work well together when ...*

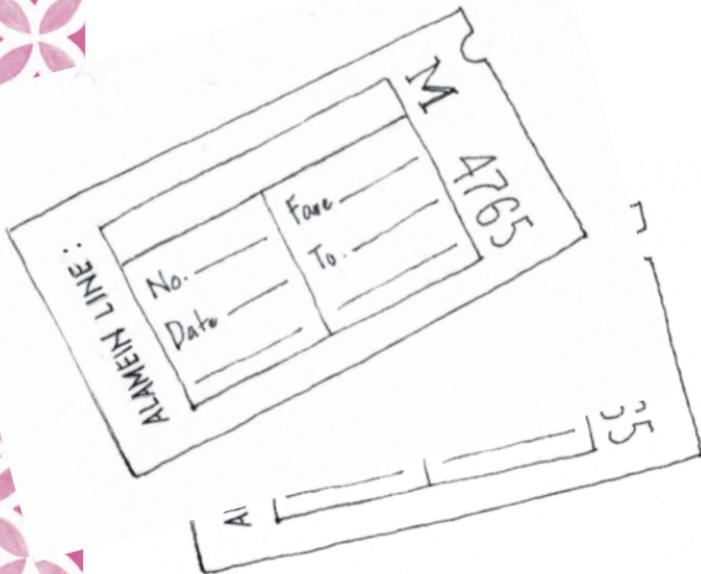


I was  
proud of  
my children  
when...



*As a parent,  
I would like to  
work on ...*

One thing I hope my children remember me for is...



*As a parent, I wonder ...*

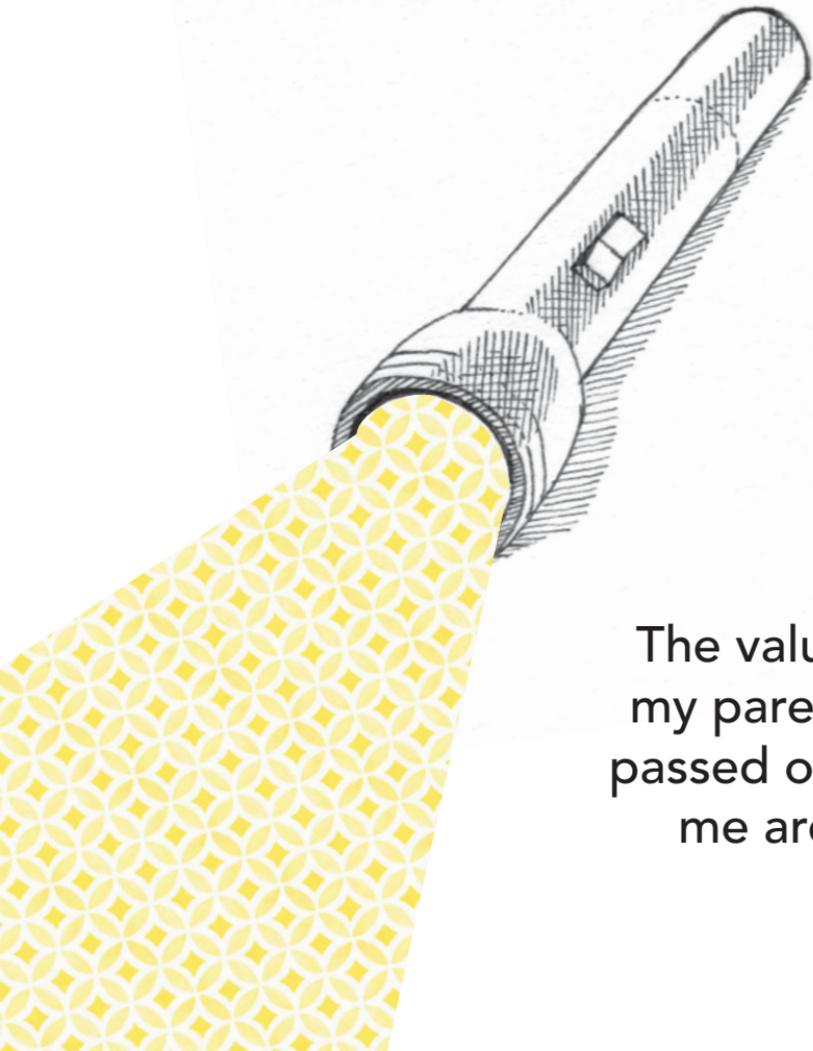




Something I never seem to get around to as a parent is ...

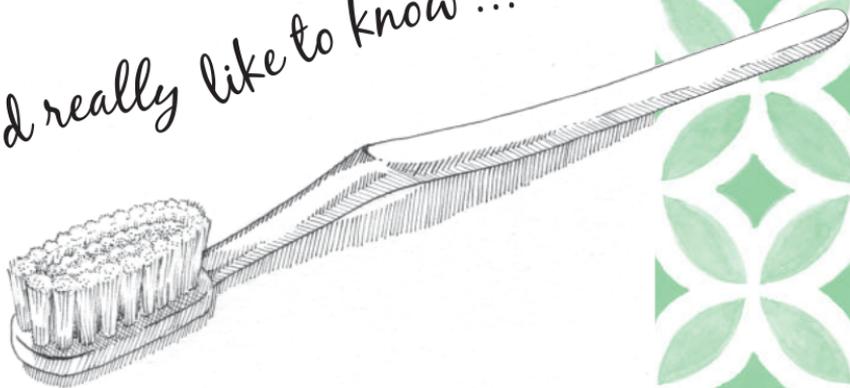
A hand-drawn illustration of a white pillow with a black outline and hatching for shading. The pillow is tilted and contains the text "One thing I would like to change about my parenting is ...". The pillow is set against a background of a repeating pattern of olive green circles and squares on a white background.

One thing  
I would like to  
change about my  
parenting is ...



The values  
my parents  
passed on to  
me are ...

I'd really like to know ...

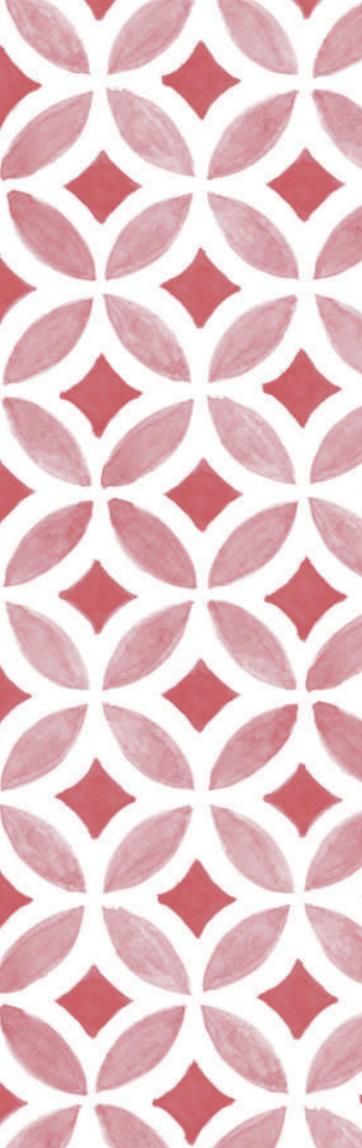




As a parent, I was really  
surprised when ...



We really laugh  
together when ...



A good thing  
about my family is

...



A parent I admire is...





*I was proud  
of my  
parents when ...*



The values  
I would like to  
pass on to my  
children are...

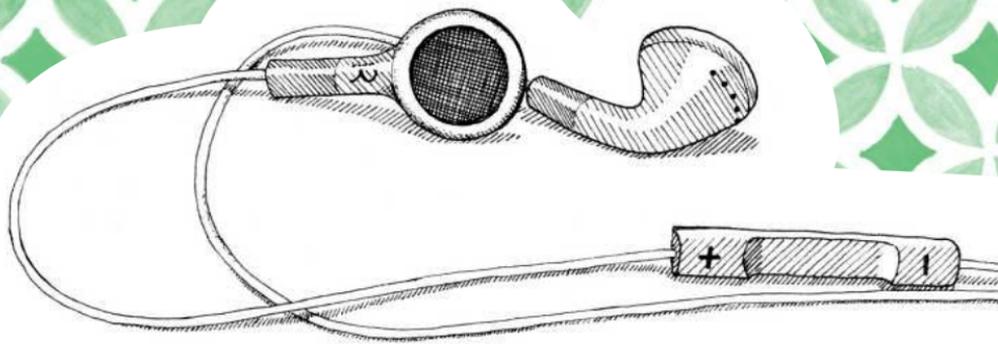




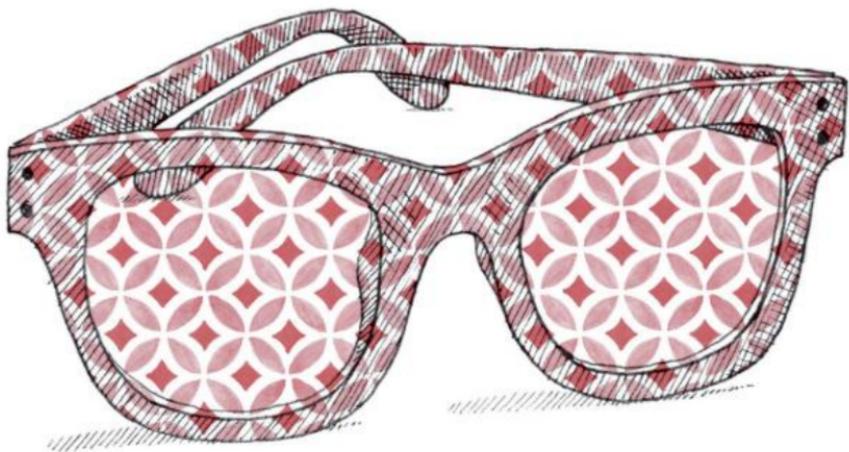
My hopes for  
my children are ...



What I want  
more of  
as a parent is...

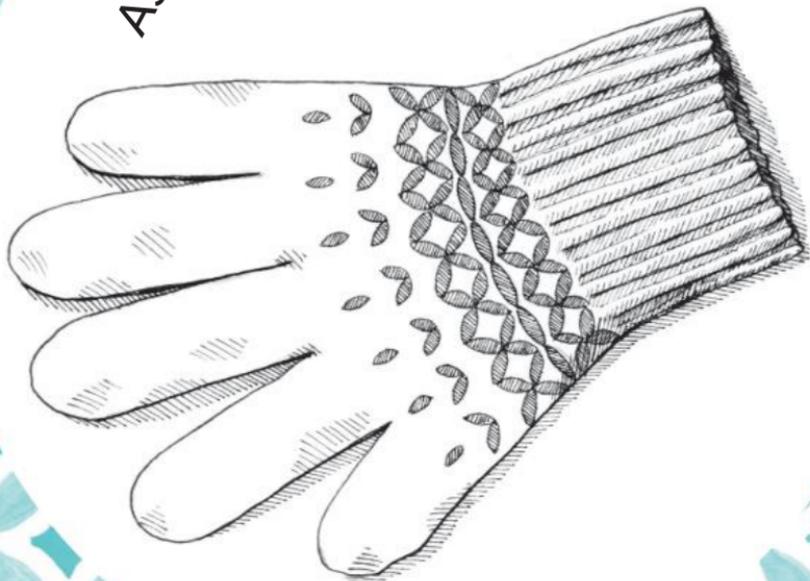


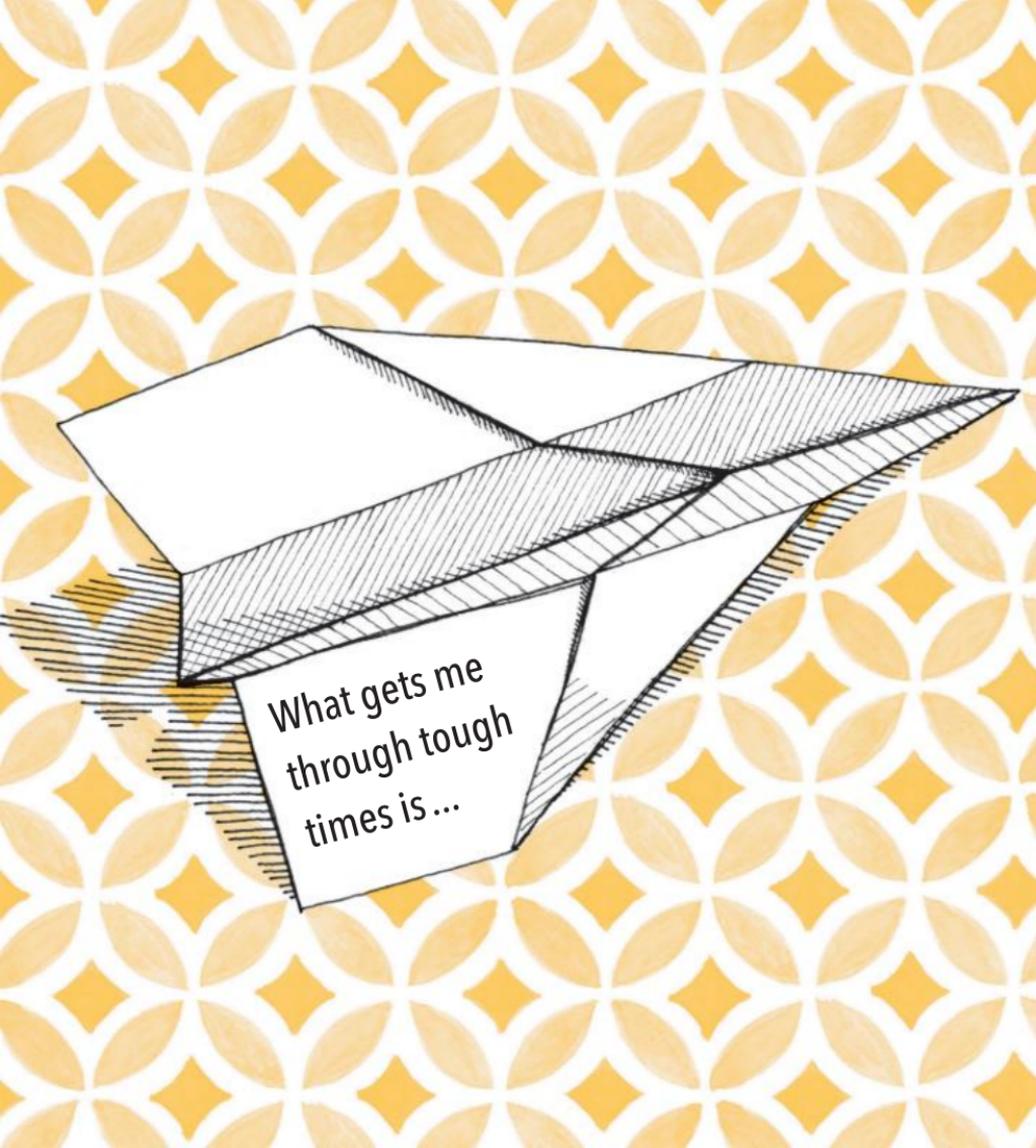
*Someone who inspires me is ...*



One thing I would like to do  
more of as a parent is ...

As a parent, I really enjoy ...





What gets me  
through tough  
times is...



One thing  
my children  
need is...



A highlight of  
my life as a  
parent so far is  
...





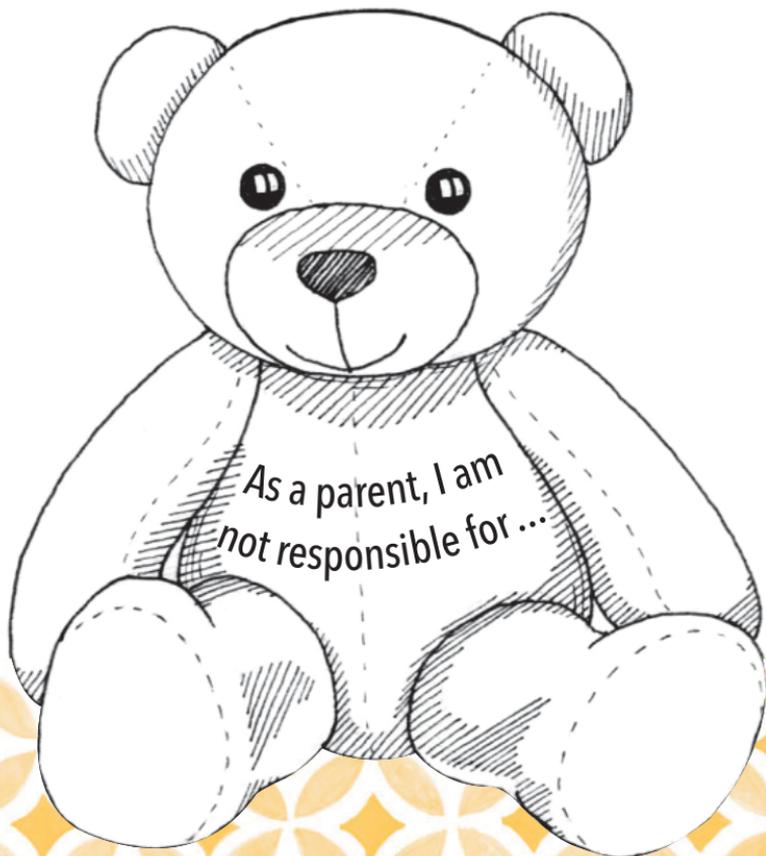
**I would like our family  
to be doing more...**

What annoys me as a parent is...



As a parent,  
it is really  
important for  
me to ...





As a parent, I am  
not responsible for ...

As a parent,

I am responsible for ...



I was proud of myself as a parent when...

