

**Innovative  
Resources**

# SIGNPOSTS



*Exploring everyday spirituality*



accepting who we are

accepting



allowing stillness

allowing



asking  
asking for help

basking in sunshine

basking

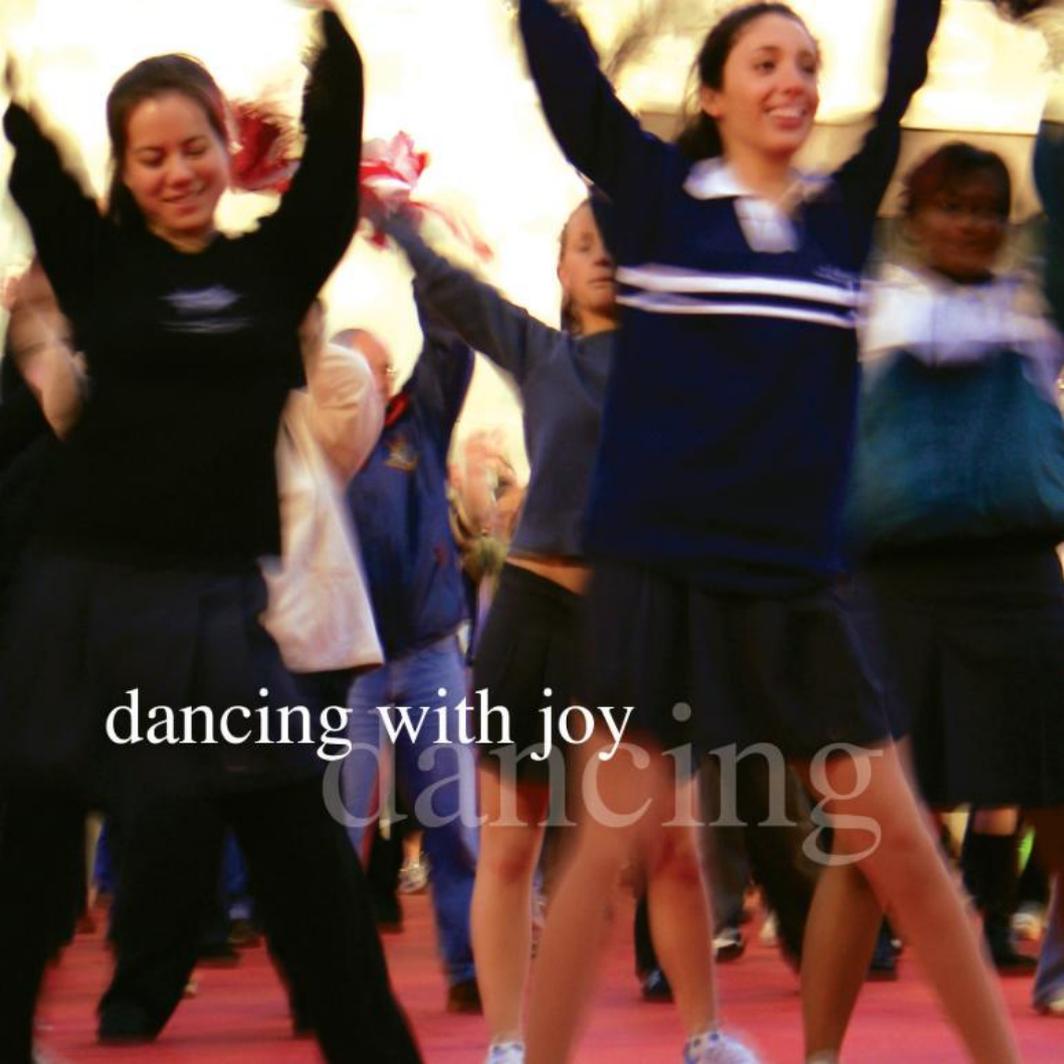


A low-angle, close-up photograph of a person's arm and hand reaching into a field of tall, thin grasses. The person is wearing a red and white plaid shirt. The background is a clear, bright blue sky. The grasses are in sharp focus, with some showing small white flowers. The overall mood is peaceful and natural.

being  
being thankful

celebrating difference





dancing with joy  
dancing

daring  
daring to dream



# developing developing insight

...children are still establishing their tastes  
...ideal customers they have  
...in mind as they grow up.  
...concluded.  
...other children drink  
...profit margins  
...a top ex-  
...with  
...Coca-Cola than any  
...instead.  
...another 3

...the Center for Science in the Public  
...the beverage industry's  
...1978, the typical  
...of soda  
...deriving 9  
...teaching  
...Each can  
...of sugar. Pepsi  
...in the United States  
...of bone fractures.  
...as  
...American  
...two-year-olds now  
...M&M's  
...Berling, Inc.  
...found

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...M&M's  
...Berling, Inc.  
...found

...THE TEACHER FRIENDS ...

...the marketing efforts of the large soda companies have not  
...Administrators in San Francisco and Seattle  
...to serve children, not  
...of the San Francisco Board  
...in March of  
...wearing red and  
...Coke." It was Coke in Education  
...had come for the  
...As part of the best mar-  
...which had  
...of the festivities,  
...and helped  
...the human C-O-K-E for pu-  
...Mike Cameron  
...suddenly re-  
...was immediately suspended  
...for just a day.  
...the Washington

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A close-up photograph of several autumn leaves scattered together. The leaves show a variety of colors: vibrant green, bright yellow, golden orange, and deep red. The veins of the leaves are clearly visible, and some leaves have small holes or imperfections, suggesting they are natural and weathered. The background is a dense layer of these colorful leaves.

embracing change  
embracing

U 900038 2  
22G1



2.6  
81

finding  
finding connection

0 5 1 6 4 9



forgiving  
forgiving



giving

giving

A close-up photograph of a large tree trunk, heavily covered in vibrant green moss. The moss is thick and textured, covering almost the entire surface of the bark. The tree trunk is thick and gnarled, with several smaller roots or branches visible, some of which are also covered in moss. The lighting is natural, highlighting the texture of the moss and the roughness of the bark. The overall scene conveys a sense of age, growth, and nature.

growing in wisdom  
growing



hearing the pain

hearing



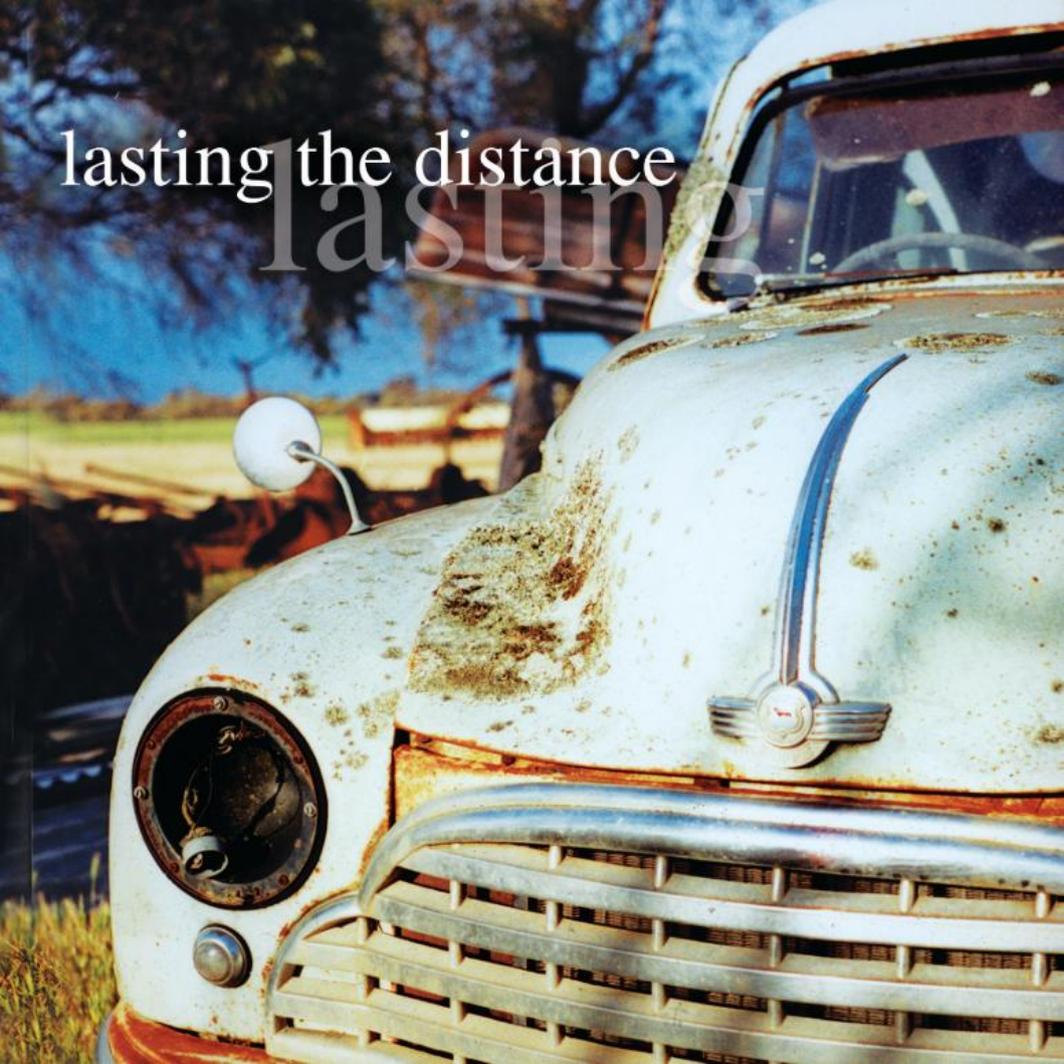
honouring  
honouring the sacred



imagining  
imagining

lasting the distance

lasting





learnin  
learning

A low-angle, upward-looking photograph of a roller coaster car. The car is yellow and blue, with several passengers visible. The background is a clear, bright blue sky. The roller coaster track and structure are visible in the foreground and middle ground. The text "letting go" is overlaid in the upper right corner.

letting go  
letting



listening intently

listening

living truthfully  
living

ORANGES  
PER BAG



looking for signposts

looking



looking inside  
looking

loving  
loving & being loved





noticing  
noticing beauty



practicing  
practicing compassion



receiving

receiving



recognising  
recognising possibilities



remembering  
remembering blessings



returning  
returning home

A photograph of a red wooden bench on a green lawn. Long, dark shadows are cast across the grass from the left, suggesting a low sun position. The bench is partially visible on the right side of the frame.

saying  
saying goodbye

searching for meaning



searching



seeking  
seeking balance

An aerial photograph of a four-person rowing team in a blue and white boat on a body of water. The rowers are wearing white shirts with green and yellow stripes and dark pants. They are all in a synchronized rowing stroke, with their oars dipping into the water. The text 'sharing the load' is overlaid on the left side of the image in a white serif font.

sharing  
sharing the load

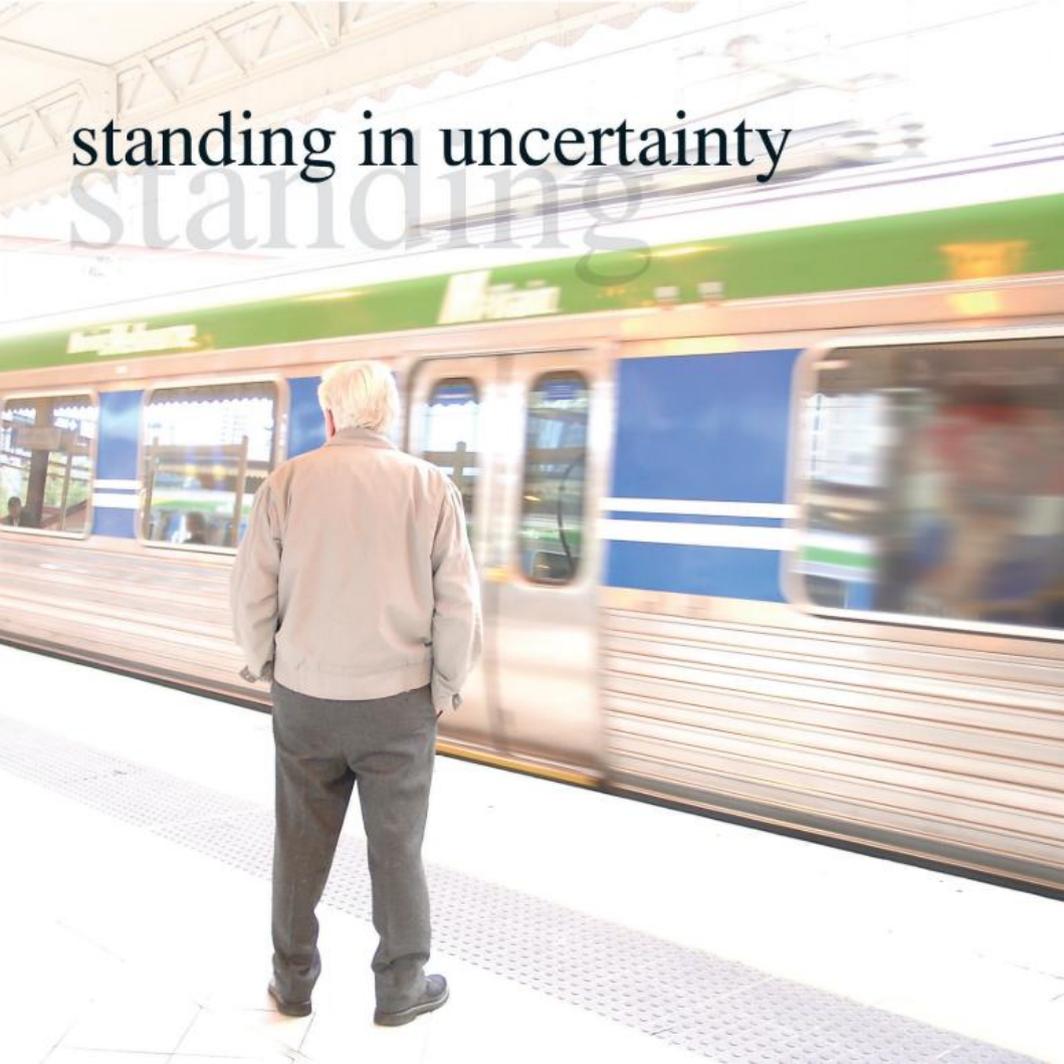


sparking with creativity

sparking

standing in uncertainty

standing

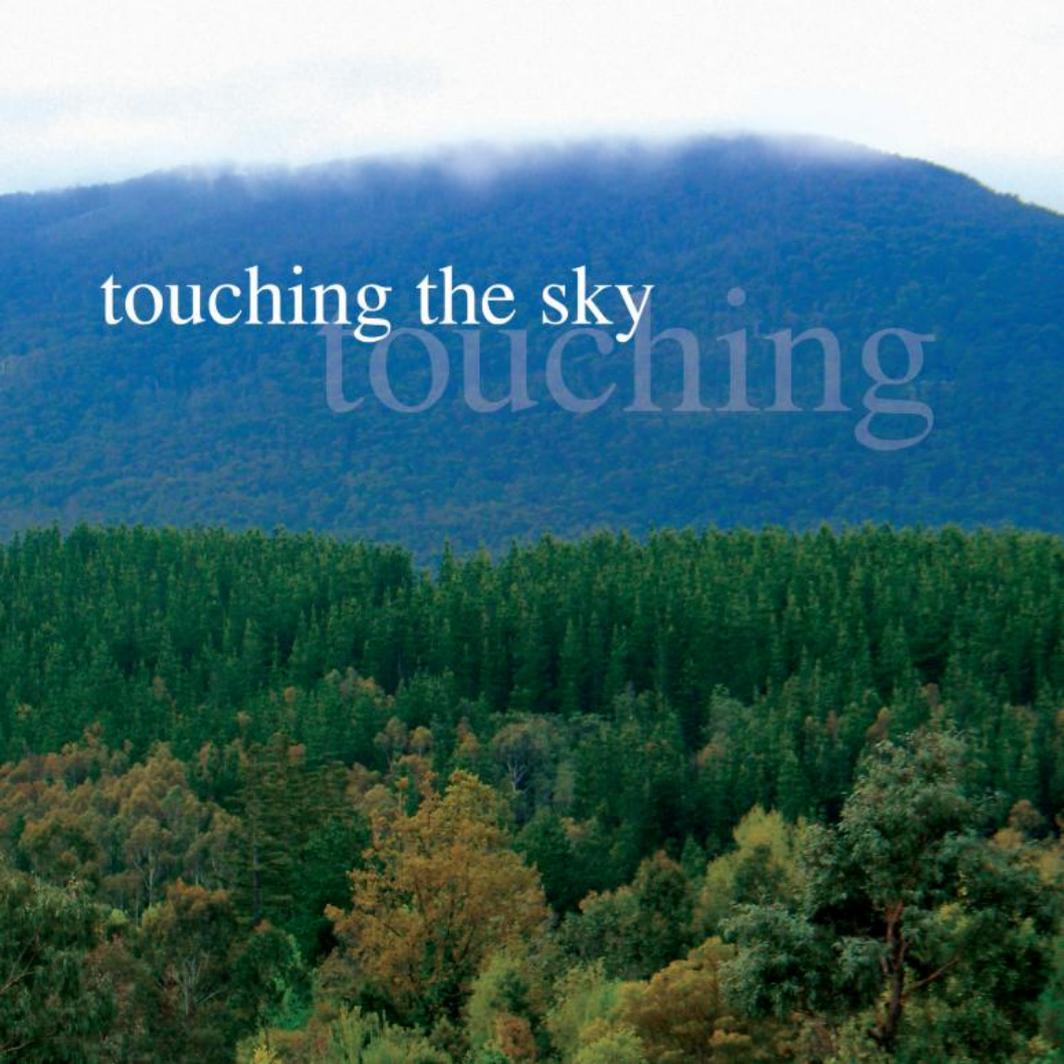


A large cable-stayed bridge spans across a body of water at sunset. The bridge's structure, including its tall pylon and stay cables, is silhouetted against the bright orange and yellow sky. The water in the foreground reflects the low sun. In the background, several high-voltage power line towers are visible against the horizon. The text "stretching horizons" is overlaid in a white, serif font in the upper right quadrant. A faint, larger version of the word "stretching" is also visible in the background, centered horizontally.

stretching horizons



struggling  
struggling



touching the sky

touching

travelling lightly



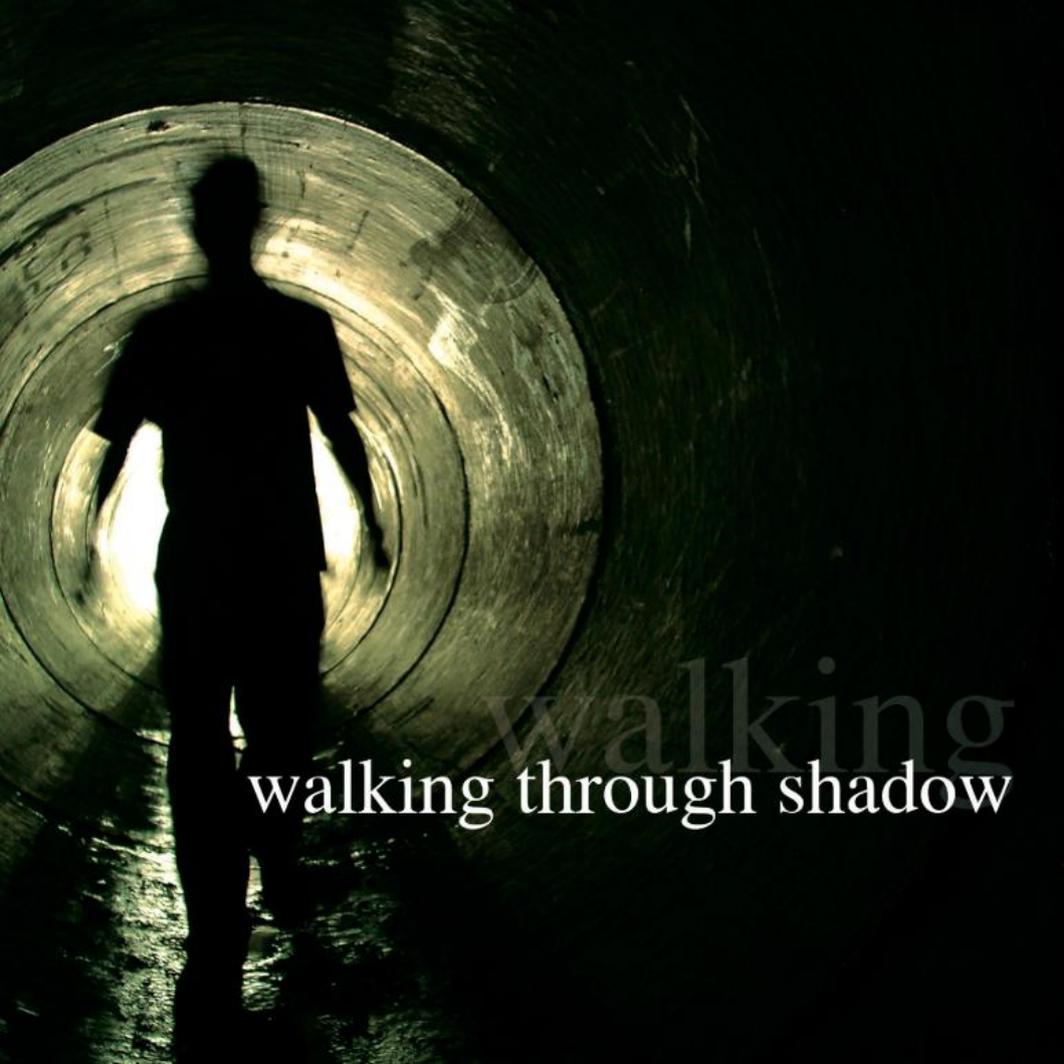
travelling



trusting  
trusting



valuing  
valuing simplicity

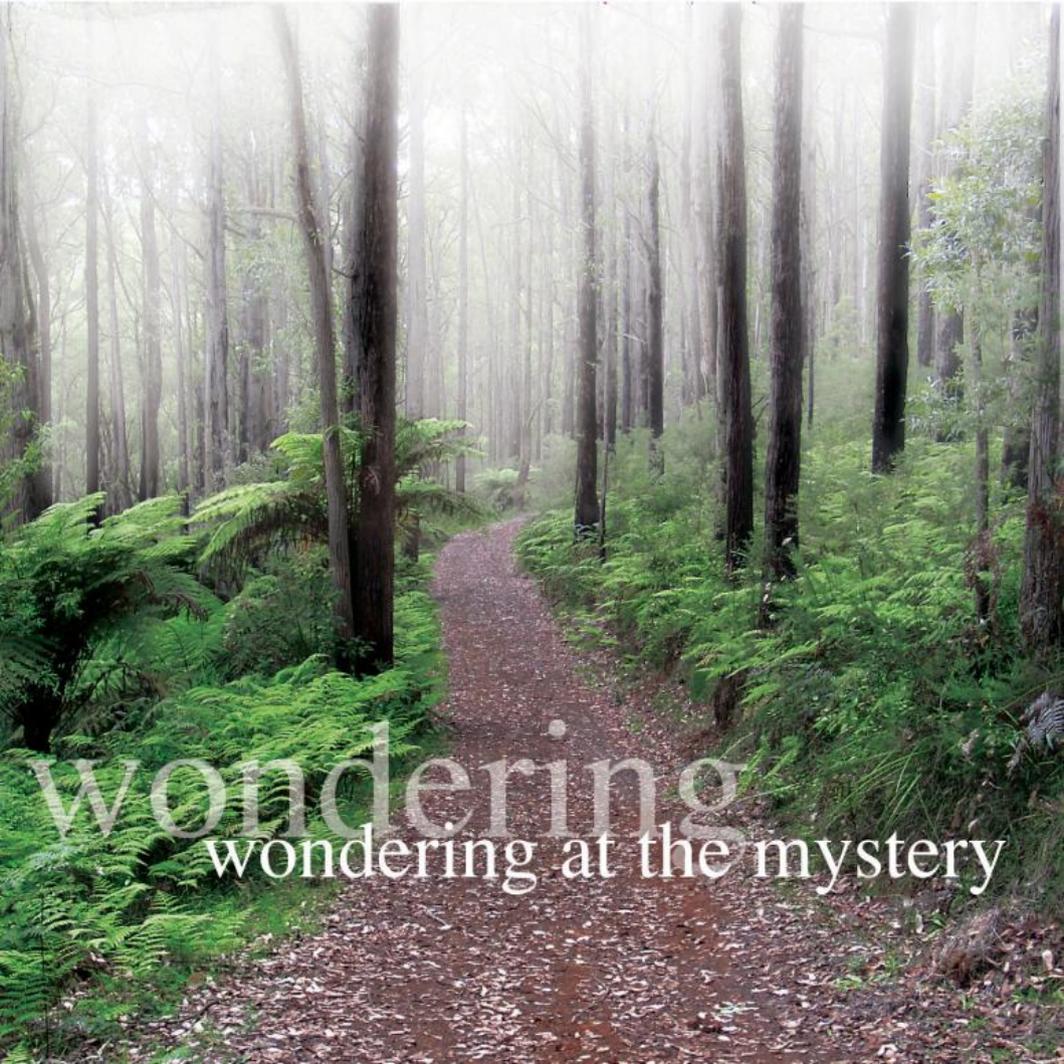


walking  
walking through shadow

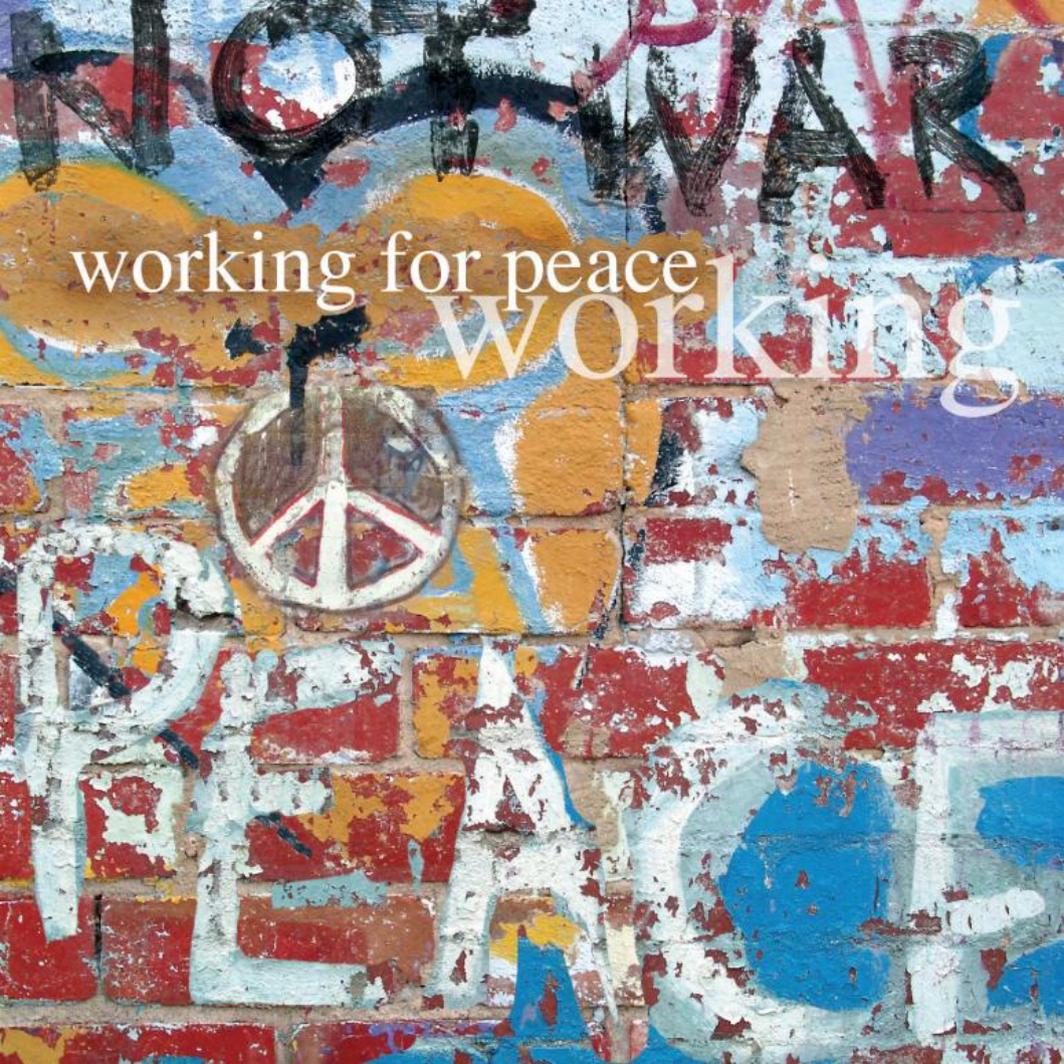


welcoming others

welcoming



wondering  
wondering at the mystery



NO WAR

working for peace  
working



yearning for freedom

yearning

